



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

September Meal Sponsor



October Meal Sponsor



<p>MONDAY SEPTEMBER 30</p>	<p>Mediterranean Lentil Bake w/ Tahini Sauce Sauteed Cabbage Bread Grapefruit Halves Apple Cider Whoopie Pie</p>
<p>TUESDAY OCTOBER 1</p>	<p>Fish Cakes w/ Remoulade Rice Pilaf Monte Carlo Blend Corn Nuggets Fresh Kiwi Nut Bar</p>
<p>WEDNESDAY OCTOBER 2</p>	<p>Beef Stew Thyme Gruyere Bisquit Yellow Squash Pineapple Pumpkin Nutella Bread</p>
<p>THURSDAY OCTOBER 3</p>	<p>Chicken Alfredo Italian Blend Spiced Apple Sauce Chai Oatmeal Cake</p>
<p>FRIDAY OCTOBER 4</p>	<p>Ham & Swiss on Rye Carrot Raisin Salad Fresh Strawberries Chocolate Fluffernutter Pie</p>

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS

If you need to cancel your meal please contact our office before 8:30am at (307) 635-5542.