



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

October Meal Sponsor



*If you need to cancel your meal
 please contact our office
 before 8:30am
 at (307) 635-5542.*

<p>MONDAY OCTOBER 21</p>	<p>Goat Cheese & Herb Chicken Wild Rice Sautéed Swiss Chard Pomegranate Dessert Bar</p>
<p>TUESDAY OCTOBER 22</p>	<p>Carnitas Tacos Corn & Black Beans Queso & Corn Chips Pineapple Rings Mexican Chocolate Cookie</p>
<p>WEDNESDAY OCTOBER 23</p>	<p>Creamy Steak & Pea Pasta Roasted Fennel Root Carnival Squash Frosted Gingerbread Cake</p>
<p>THURSDAY OCTOBER 24</p>	<p>Shrimp Boil Zesty Coleslaw Zucchini Fries Pumpkin Dansih</p>
<p>FRIDAY OCTOBER 25</p>	<p>Greek Orzo Salad Spinach Pie Butterscotch Pudding Red Pear</p>

**MENU SUBJECT TO CHANGE BASED ON
 AVAILABILITY AND DIETARY RESTRICTIONS**