



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

## November Meal Sponsor



<p><b>MONDAY</b>  <b>NOVEMBER 25</b></p>	<p>Belgian Waffle w/ Blueberry Syrup          Turkey Sausage          Sweet Potato Hash          Yogurt w/ Pomegranate</p>
<p><b>TUESDAY</b>  <b>NOVEMBER 26</b></p>	<p>Shredded Beef Enchilada          Guacamole          Refried Beans          Chuckwagon Blend          Crushed Pineapple          Mexican Chocolate Brownie</p>
<p><b>WEDNESDAY</b>  <b>NOVEMBER 27</b></p>	<p>Chicken Caprese Pasta Salad          Fresh Radish          Grapefruit          Spiced Poke Cake</p>
<p><b>THURSDAY</b>  <b>NOVEMBER 28</b></p>	<p><b>CLOSED 11/28 &amp; 11/29</b></p> 
<p><b>FRIDAY</b>  <b>NOVEMBER 29</b></p>	<p><b>HOLIDAY FROZEN MEAL</b>          Turkey w/ Gravy,          Mashed Potatoes, Stuffing,          Green Bean Casserole, Sweet          Potato Casserole, Pumpkin Pie,          Dinner Roll, &amp; Cranberry Sauce</p>

*If you need to cancel your meal  
 please contact our office  
 before 8:30am  
 at (307) 635-5542.*

**MENU SUBJECT TO CHANGE BASED ON  
 AVAILABILITY AND DIETARY RESTRICTIONS**

2015 S. Greeley Hwy • Cheyenne, WY 82007  
 (307) 635-5542 • mealsonwheelsofcheyenne.com