



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

## November Meal Sponsor



*If you need to cancel your meal please contact our office before 8:30am at (307) 635-5542.*

<p><b>MONDAY</b> <b>NOVEMBER 11</b></p> 	<p><b>CLOSED</b>  <b>Veterans Day Meal delivered 11/8</b>  Hamburger Steak w/ Gravy  Twice Baked Potato  Garlic Butter Broccoli  Sweet Potato Roll  Berry Pie</p>
<p><b>TUESDAY</b> <b>NOVEMBER 12</b></p>	<p>Broccoli Cheese Chicken  Spinach Pepper Orzo  Roasted Tomato Wedges  Breadstick  Ambrosia</p>
<p><b>WEDNESDAY</b> <b>NOVEMBER 13</b></p>	<p>Peppercorn Pork  Mashed Potato  Chateau Blend  Fig &amp; Pear Medley  Cranberry Orange Bar</p>
<p><b>THURSDAY</b> <b>NOVEMBER 14</b></p>	<p>Philly Cheesesteak  Breaded Cauliflower  Harvest Slaw  Italian Wedding Cookie</p>
<p><b>FRIDAY</b> <b>NOVEMBER 15</b></p>	<p>Deluxe PB&amp;J  Cottage Cheese  Concord Grapes  Butternut Squash Salad  Lemon Loaf</p>

**MENU SUBJECT TO CHANGE BASED ON AVAILABILITY AND DIETARY RESTRICTIONS**