



**MEALS on WHEELS**  
**CHEYENNE**

TOGETHER, WE CAN DELIVER.

# MENU

## January Meal Sponsor



<b>MONDAY</b> <b>JANUARY 13</b>	Beef Stroganoff Creamy Garlic Risotto Green Beans Peach Cobbler Apricot Halves
<b>TUESDAY</b> <b>JANUARY 14</b>	Breakfast Sliders Cinnamon Roasted Apples Potato Hash Yogurt
<b>WEDNESDAY</b> <b>JANUARY 15</b>	Seafood Pot Pie Asparagus Sunburst Squash Oatmeal Raisin Cookie
<b>THURSDAY</b> <b>JANUARY 16</b>	Bourbon Apple Chicken Sweet Corn Polenta Winter Blend Cheddar Biscuit Cherries Texas Sheet Cake
<b>FRIDAY</b> <b>JANUARY 17</b>	Bruschetta Avocado Toast Arugula Salad Grapefruit Banana Cream Pie

*If you need to cancel your meal  
 please contact our office  
 before 8:30am  
 at (307) 635-5542.*

**MENU SUBJECT TO CHANGE BASED ON  
 AVAILABILITY AND DIETARY RESTRICTIONS**