



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

OCTOBER MEAL SPONSOR



<p>MONDAY OCT 2</p>	<p>Caprese Ravioli Asparagus Warm Spinach Salad Date Cake</p>
<p>TUESDAY OCTOBER 3</p>	<p>Fall Shepherd's Pie Snap Peas Spiced Pears German Chocolate Cake</p>
<p>WEDNESDAY OCTOBER 4</p>	<p>Turkey Casserole Mashed Cauliflower Monte Carlo Veggie Blend Cutie Orange Cranberry Bliss Bar</p>
<p>THURSDAY OCTOBER 5</p>	<p>Fish Cakes Remoulade Sauce Breaded Mushrooms Root Vegetable Blend Rum Raisin Bread Pudding</p>
<p>FRIDAY OCTOBER 6</p>	<p>Autumn Steak Salad Sweet Potato Roll Snicker Fruit Salad</p>

*If you need to cancel your meal
 please contact our office
 before 8:30am
 at (307) 635-5542.*

**MENU SUBJECT TO CHANGE BASED ON
 AVAILABILITY AND DIETARY RESTRICTIONS**