



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

November Meal Sponsor

Wyoming
TOGETHER



<p>MONDAY NOVEMBER 20</p>	<p>Spinach Artichoke Rigatoni with Chicken Marinated Tomatoes Hot Fruit Medley Crisp Apple Salad</p>
<p>TUESDAY NOVEMBER 21</p>	<p>Beef Stew Pumpernickel Bread Lima Beans Pineapple Salted Toffee Coffee Bar</p>
<p>WEDNESDAY NOVEMBER 22</p>	<p>Crispy Tofu Quinoa Salad Dried Figs Thanksgiving Turkey Cookies</p>
<p>THURSDAY NOVEMBER 23</p>	<p>CLOSED 11/23 & 11/24</p> 
<p>FRIDAY NOVEMBER 24</p>	<p>Frozen Holiday Meal: delivered 11/22 Turkey, Stuffing, Mashed Potatoes Green Bean Casserole Sweet Potato Casserole Pumpkin Pie with Cranberry Whipped Cream Honey Butter Roll</p>

*If you need to cancel your meal
 please contact our office
 before 8:30am
 at (307) 635-5542.*

**MENU SUBJECT TO CHANGE BASED ON
 AVAILABILITY AND DIETARY RESTRICTIONS**

2015 S. Greeley Hwy • Cheyenne, WY 82007
 (307) 635-5542 • mealsonwheelsofcheyenne.com