



MEALS on WHEELS
CHEYENNE

TOGETHER, WE CAN DELIVER.

MENU

JULY MEAL
SPONSOR



4th OF JULY
SPONSOR



*If you need to cancel your meal
please contact our office
before 9:30am
at (307) 635-5542.*

<p>MONDAY JULY 3</p>	<p>Coconut Tilapia Outback Sauce Wild Rice Asparagus Banana Carrot Cake Muffin</p>
<p>TUESDAY JULY 4</p> 	<p>CLOSED INDEPENDENCE DAY Holiday Meal delivered July 3rd</p> <p>Beer Bratwurst Spicy Mustard and Bun Baked Beans Mac & Cheese Watermelon Salad 4th of July Ice Box Cake</p>
<p>WEDNESDAY JULY 5</p>	<p>Spaghetti & Meatballs Cauliflower Garlic Knot Caesar Salad Tiramisu</p>
<p>THURSDAY JULY 6</p>	<p>Poppyseed Chicken Tater Tots Chateau Blend Vegetables Fresh Pear Scotcharoo</p>
<p>FRIDAY JULY 7</p>	<p>Mediterranean Pita Sweet Peppers Cheese Stick Smore's Cream Pie</p>

**MENU SUBJECT TO CHANGE BASED ON
AVAILABILITY AND DIETARY RESTRICTIONS**